

Yacht Charter Menu

Island Life Cuisine

2017

	Breakfast	Lunch	Snack	Amuse Bouche	Dinner
Guest Arrival	-	-	Duet of Conch/Citrus Salad and Mandarin Tuna Stack	Beet and Boursin Napolean	Cashew Hogfish swimming on Sweet Potato Boniato
Day 2	Crustless Quiche Granola Cups with Fruit and Yogurt	Fish Tacos with Tropical Fruit Salsa and Lemon Aioli	Stacked Watermelon with Goat Cheese Baked Brie Bites	Lentil Sweet Potato Coconut Soup	Grilled Tri Tip with Avocado Salsa Herbed Polenta
Day 3	Papaya Fruit Bowls Shrimp and Grits	Guava Roast Pork Sliders and Plantain	Coconut Muffins	White Conch Chowder	Thai Lemongrass Seafood Cakes with Lime Coconut Coulis
Day 4	Sausage Pepper and Egg Quesadillas Good Morning Smoothie	Conch Contessa with Red Pepper Quinoa	Hearts of Palm Dip	Fried Camembert Apple and Mango Salad	Smoky Sweet Passion fruit Roast Pork Loin
Day 5	Pineapple UpsideDown Pancakes and Egg Salad Avocado on Toast Points	Key Lime Chicken Cobb Salad	Seared Scallop with Maple Dijon	Pumpkin Bisque	Ribeye Steak with Mango Jicama Slaw
Day 6	Eggs Poached with Salsa Verde and Arepas	Hamburgers and Sliders Wedge Salad Skewers Tropical Waldorf Salad	Smoked Fish Dip	Cantalope Salad with Proscuitto and Ice wine dressing	Butter Poached Lobster Tail with Fontina Pasta
Day 7	Potato Cakes with Salmon Cream Cheese and Avocado	Bajan Mahi Mahi with Honey Lime Coleslaw	Fresh Fruit Skewers	Ceaser Salad with Parmesan Garlic Crisps	Asiago Chicken stuffed with Burrata and Sun dried Tomato
Day 8	Croissant with Serrano/ Cheese or Strawberry Compote Fresh Fruit	Sesame Seared Tuna with Sticky Rice and Seaweed Salad	Serrano and Cheese Stuffed Mushrooms	Arugula Salad with Artichokes and Kalamata Olive Dressing	Shrimp Alfredo Gnocchi

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Day 9	Steak and Chipotle Eggs Benedict	Coconut Shrimp on Field Greens with Mango Coriander Dressing	Cheese Plate with Gingersnap and Fig Manchego and Pear	Thai Pork Meatball	Asian Barbecue Salmon with Pineapple and Eggplant
Departure	EggWhite Breakfast Muffin Stack Chia Fruit Bowl				

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Provision List

Item	Qty	Store
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